

Post-Mohs Reconstruction Methods of a Combination Dermatologist and Facial Plastic Surgeon Practice

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ABSTRACT

Objective: To determine the benefits of closing post-Mohs defects by both a Mohs surgeon and facial plastic surgeon. Skin cancer is the most common cancer in the United States of America. It is treated by removal. Certain forms of skin cancer are removed using Mohs micrographic surgery. The resulting wound can be large at times. The majority of the reconstruction is handled by the Mohs surgeons. **Methods:** We presented 358 Mohs closures that were done at a practice where a combined surgical team of a Mohs surgeon and Facial plastic surgeon operated together in a team as opposed to individually. **Results:** We find that this combination provided more flap closures, while previous publications had shown that Mohs surgeons more often close with a primary closure. Furthermore, this combination surgical team provided a wider range of closure techniques than closure done by Mohs surgeons. **Conclusion:** This is the first publication presenting a large number of post-Mohs closures that were reconstructed by a combined Mohs surgeon and facial plastic surgeon. The significance is that this a wider range of closure techniques and a greater number of skilled hands reconstructing, since two surgeons is greater than one.

Key words: Combined closure, facial plastic surgeon, Mohs micrographic surgery

INTRODUCTION

ohs micrographic surgery is a very accurate method in the resection of contiguous tumors.^[1] Tumor size is the main factor involved in the final defect size.^[2] Scalp, face, and neck are the most common locations Mohs surgery is performed.^[3] Dr. Frederick Mohs, the inventor of the procedure, allowed most post-Mohs wounds to heal secondarily,^[4] however today, the defects are reconstructed; the reconstruction is performed by the Mohs surgeons, i.e. commonly dermatologists,^[5] in the great majority of cases.^[6] The role of the plastic surgeon in skin cancer management is evolving.^[7] There is scant literature on collaborative closures, where both Mohs surgeon and plastic surgeons perform the closure. We present patients from a practice where both a Mohs surgeon and a Plastic Surgeon operated together. We present the methods of reconstruction selected by a Mohs and Facial Plastic surgeon duel practice in the association between the number of stages, tumor type, and anatomic location.

METHODS

Patient selection

Skin cancer patients treated at Academic Dermatology and Skin Cancer Institute were selected. At this clinic, the patients were treated by both the Mohs surgeon and Plastic surgeon. 358 consecutive patients were selected. The patients were treated for BCC, SCC, melanoma *in situ*, sebaceous

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Table 1: Number of stages and the proportion of defects associated with each closure type							
Closure type	Mean	50 th percentile	Range (%)	Defect times stage			
Linear	2.7	2	1–5 (16)	8.1			
Advancement	3	3	1–7 (25)	10.2			
Rotation	3	3	1–7 (13)	10.1			
Transposition	2.8	3	2–5 (9)	8.2			
Island pedicle (V to Y)	2.9	3	2–4 (6)	10.7			
Forehead flap	5.5	5.5	4-7 (0.4)	19			
Skin graft	3.4	3	2–7 (23)	12.1			
Cartilage graft	4	4	3–5 (1)				
Myocutaneous flap	3.4	3	1–7 (7)	10.5			

carcinoma, and basosquamous carcinoma. Only patients treated for lesions on the head and neck were included.

For each Mohs case, data on the age of the patient, tumor type, location of tumor, tumor diameter size, the number of Mohs stages needed to clear the margins, and the final defect diameter size were recorded.

Furthermore, the methods employed in the reconstruction of the remaining defect were recorder. These methods included, primary closure (including complex layered closure), advancement flap, rotation flap, transposition flap, island pedicled flap, forehead flap, skin graft, use of cartilage graft, myocutaneous flap, staged melolabial flap, secondary intention, or outside referral to other plastic surgeons.

Data analysis

The statistical data were completed as previously described.^[6]

RESULTS

Our analysis showed that the number of Mohs stages associated with different repairs was statistically significantly different (ANOVA, P < 0.001). The descriptive numbers [Table 1] show that linear repairs were associated with the least number of Mohs stages, about 2.7. The paramedian forehead flap was associated with the greatest number of Mohs stages. The use of cartilage grafts was associated with a mean of 4 Mohs stages.

In total numbers, nose, cheek, and forehead were the most common location of defects [Figure 1]. Analysis reveals, when the number of Mohs stages is multiplied by the widest diameter of a post-Mohs defect, the smallest number is the linear closure, followed by transposition flaps, rotation flap, advancement flap, myocutaneous flap, island pedicle flap, and full-thickness skin graft, and the largest number is the forehead flap. Therefore, wound size multiplied by Mohs stage has a distinctive closure breakdown choice. [Figure 2] Primary closure had the lowest Stage X Defect







Figure 2: Repair versus (Stage X defect)

number, followed by transposition flap, while the paramedian forehead flap had the highest number.

More detailed analysis of the population showed differences in sex versus closure and age versus closure. Table 2 shows that most closures in our combined practice were done on men, and women were more likely to get paramedian forehead flap or be referred out for closure. Figure 3 shows that the youngest population was more likely to get a myofasciocutaneous flap (mean age 62), while transposition flaps were done on the more elderly (mean age 72). On the nose, the most common closure was a rotation flap. On the

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Table 2: Percentage of repairs associated with each closure type according to sex							
Closure type	Total (464)	Men	Women	Sex in which treatment type is more likely			
Linear	72	39	33	MEN			
Advancement	114	81	33	Men			
Rotation	60	40	20	Men			
Transposition	41	24	17	Men			
Island pedicle (V to Y)	29	20	9	Men			
Forehead flap	2	0	2	Women			
Skin graft	107	75	32	Men			
Cartilage graft	4	2	2	Equal			
Myocutaneous	33	23	10	Men			
flap							
Nasolabial staged	1	1	0	Men			
Flap							
Referred out	1	0	1	Women			

There was a statistically significant difference between the rates of the closures in men versus women.

Table 3: Percentage of repairs associated with each closure type at each anatomic site											
Closure type	Scalp	Forehead	Temple	Orbital	Ears	Nose)	Lip	Cheeks	Chin	Jaw	Neck
Linear	20	30	14	6	7	6	8	7	18	20	43
Advancement	9	27	24	29	43	17	50	28	36	0	18
Rotation	11	5	16	23	2	29	8	11	9	20	11
Transposition	0	6	16	9	5	10	0	11	0	60	0
Island pedicle (V to Y)	23	8	3	3	7	2	17	5	0	0	11
Forehead flap	0	0	0	0	0	2	0	0	0	0	0
Skin graft	37	17	16	29	36	24	17	24	27	0	11
Cartilage graft	0	0	0	0	0	5	0	0	0	0	0
Myocutaneous flap	0	8	11	0	0	3	0	14	9	0	7
Nasolabial	0	0	0	0	0	1	0	0	0	0	0
Staged flap											
Referred out		0	0	3	0	0	0	0	0	0	0





cheek, advancement flap was most common, and on the forehead, the linear closure was most commonly used.

DISCUSSION

Our study is the first of its kind that shows the value of Mohs closures done by both a Mohs surgeon and facial plastic surgeon. Mohs surgeons do the majority of post-Mohs reconstruction, or they refer out the tough cases. Here, we have shown a practice where the Mohs surgeon and facial plastic surgeon do the closures together. There are a number of benefits and drawbacks. The benefits include a wider range of closure techniques. Second, two set of surgeon's hands can only benefit the patient and increase the efficiency of closure. We had more average layers than the Alam *et al.* study. The need to refer out for closures is reduced, as shown, we referred 1 patient, which amounted to 3% of peri-ocular

defects, while dermatologists referred out 23.5% of the periocular defects, and 10% of their overall defects. $^{[6]}$

We did more hair-bearing skin grafts on the scalp, while dermatologists tend to do more primary closures. This is a technique, where the graft is taken from the posterior scalp. On the temples, we did more advancement flaps, while dermatologists tend to do linear closure. Peri-orbital and ear, we did more advancement flap and skin grafts, while dermatologists closed with primary closure. On the nose, we use a rotation flap, while dermatologists mainly used primary closure. On the cheeks and chin, we used an advancement flap, while they closed primarily. On the jaw, we used transposition flap, while they closed primarily.^[6]

The drawback of having two surgeons is the coordination in timing for both surgeons to be present and the financial compromise since one cannot double bill for the same closure. However, we feel the ultimate outcome is worth this price, since the patient gets two trained eyes, from different disciplines offering a wider range of closure options.

CONCLUSION

This is the first publication presenting a large number of post-Mohs closures that were reconstructed by a combined Mohs surgeon and facial plastic surgeon. The significance is that this is a wider range of closure techniques and a greater number of skilled hands reconstructing since two surgeons are >1.

ACKNOWLEDGMENTS

All work and statistics done were performed by the authors equally.

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How to cite this article: Memar O, Caughlin B. Post-Mohs Reconstruction Methods of a Combination Dermatologist and Facial Plastic Surgeon Practice. Clinic Res Dermatol 2018;1(1):1-4.