

# Chakras' Energies Deficiencies as One of the Cause of Kidney Cancer

Huang Wei Ling

*Infectious Diseases, General Practice, Nutrition, Acupuncture and Pain Management Specialist, Medical Acupuncture and Pain Management Clinic, Franca, São Paulo, Brazil*

## ABSTRACT

**Introduction:** Malignant kidney tumors account for 2% of the global cancer burden, and its incidence is on the rise. The treatment of patients with renal tumors all underwent the same surgical procedures and patients with advanced disease were treated with similar drugs, none of which were effective. In traditional Chinese medicine (TCM), cancer is caused by energy deficiencies and Heat retention. **Purpose:** The purpose of this study is to demonstrate that one possible cause for kidney cancer development could be the chakras' energies deficiencies. **Methods:** One case report of a 69-year-old female patient who discovered that her left kidney was completely damaged during a computed tomography. She underwent surgery to take out the kidney and during the surgery, they did a biopsy and it was found that it was a malignant cancer. It was not necessary chemotherapy or radiotherapy. After the surgery, she discovered that the tumor was compromising the bladder and she need to do Bacillus Calmette–Guerin weekly injection inside the bladder. After, she needs to do a radical cystectomy and urostomy. Due to anxiety, depression, fear, and weak state, she sought a Chinese medicine treatment to recover her energy that was debilitate. The Chinese doctor measured all her chakras energy that was completely depleted in energy, rated 1 out of 8. She began her treatment with Chinese dietary counseling, auricular acupuncture with apex ear bloodletting, systemic acupuncture, and moxibustion. It was also used highly diluted medications according to the theory *Constitutional Homeopathy of Five Elements Based on Traditional Chinese Medicine* and crystal-based medications. **Results:** The patient began to feel stronger physically and emotionally to continue her treatment in Western medicine that was aggressive due to the need to urinate through the collection bag that held in the abdomen, feeling ugly and physically altered. **Conclusion:** Through this case report, the author demonstrates the chakras energy deficiencies in a patient with kidney cancer. The replenishment of the chakras energy is very important to recover the energy of the patients that is leading to cancer formation, preventing for metastasis and also, the generation of other kinds of chronic diseases or other cancers in other sites of the body.

**Key words:** Chakras, energy, Hippocrates, kidney cancer, traditional Chinese medicine, homeopathy

## INTRODUCTION

Kidney cancer is not considered a single disease but is made up of a number with different types of cancers, with different histology, clinical course and caused by different genes and can respond differently to therapy. It affects 65.000 Americans and responsible for 13.000 deaths yearly.<sup>[1]</sup>

The majority of renal cell carcinomas are originated at the renal cortex that is responsible for 80–85% of all primary renal cancers.<sup>[2]</sup>

According to traditional Chinese medicine (TCM), cancer is formed by the energies deficiencies and Heat retention.<sup>[3]</sup>

According to many scholars and publications, they all recognize as TCM tools have important therapeutic effects following surgery, chemotherapy, radiotherapy, and other kinds of therapy worldwide.<sup>[4]</sup>

The reason why the author is using TCM reasoning to write this article about kidney cancer is based on Hippocrates oath that said it is important to consider other scientific gains and traditions before the knowledge we have nowadays.<sup>[5]</sup>

**Address for correspondence:** Huang Wei Ling, Rua Homero Pacheco Alves, 1929, Franca, São Paulo, 14400-010, Brazil.

© 2020 The Author(s). This open access article is distributed under a Creative Commons Attribution (CC-BY) 4.0 license.

## PURPOSE

The purpose of this study is to demonstrate that kidney cancer patient has chakras energies deficiencies and the replenishment of these lack of energies in all the chakras' energies meridians is important to prevent the formation of metastasis or even another type of cancer or another chronic disease such as diabetes, hypertension, and myocardial infarction as the author published several studies demonstrating this correlation between chakras' energies deficiencies and the formation of these diseases.

## METHODS

The author used to write this article a compilation of publications regarding kidney cancer in Western medicine's reasoning and in TCM, all indexed in PubMed. Furthermore, she used a description of one case report of female women with a diagnosis of kidney cancer after routine computer tomography exam.

### Case report

Patient L.R., 69-year-old-female, one night, in 2019, she was taken by sudden and strong pain and was taken to the hospital, where her gallbladder was removed.

After the surgery, a computed tomography scan was performed where it was identified that her left kidney was completely damaged.

Kidney removal surgery was performed and on biopsy, to the patient's fright, cancer was found. As the kidney had been removed, there was no need for chemotherapy or radiation therapy.

After 3 months, the patient underwent a second bladder cystoscopy, where the onset of cancer was identified. Six doses of Bacillus Calmette–Guerin, a weekly application inside the bladder, and now after 6 months, the doses shall be repeated.

When the patient arrived at the author's clinic, her main complaint was about her self-esteem.

She was very afraid of having to remove her bladder and went to see several doctors who worked with bladder cancer in different cities to see the opinion of each one in the possibility of finding a way to treat this cancer, now installed in the bladder, without having to remove the organ.

However, all the doctors she went to, who were specialists in bladder cancer, indicated the removal of the bladder surgically and she should, afterward, urinate through a pouch that would be stuck to the skin of the abdomen, and urine should be discarded from time to time.

The idea of having to remove the bladder and having to urinate in a pouch glued to the abdomen made her very sad and with low self-esteem because despite being a widow, she still hoped one day to find another partner.

Based on TCM reasoning, her energies disturbances diagnosed was a deficiency of Kidney *Yang*, deficiency of Blood, and Heat retention. The author orientates her to take out of her diet all dairy products, avoid cold liquids, raw foods, and sweets to do not imbalance the Spleen meridian.

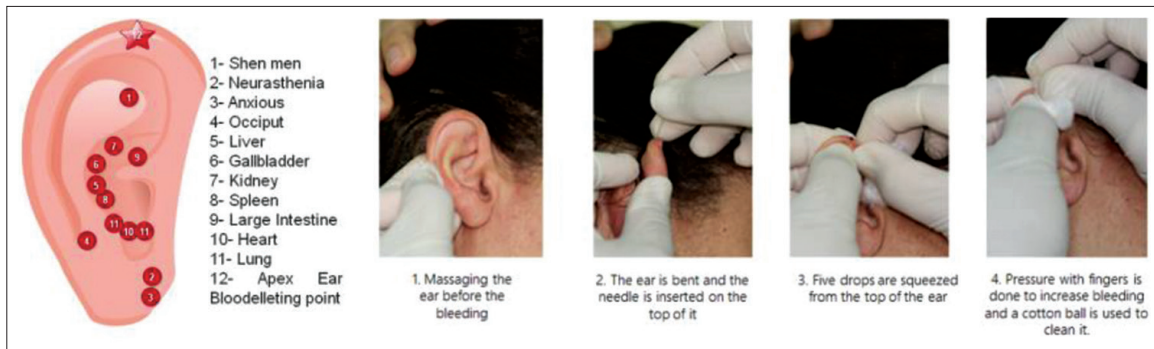
Besides, it was also oriented her to avoid fried foods, chocolate, eggs, honey, coconut, and alcoholic beverages to do not creates more internal Heat and do not imbalance the Liver and Gallbladder meridian. Because internal Heat is one of the energies imbalances leading to the cancer formation, according to TCM.

Coffee, matte tea, and soda were also to be avoided to prevent the deficiency of Kidney's energy. She was also recommended to drink a lot of water around one liter of water per each 25 kilos per day to help the Kidney's energy to improve. Furthermore, it was orientate the patient to sleep early in the night, to replenish the Kidney's energy adequately.

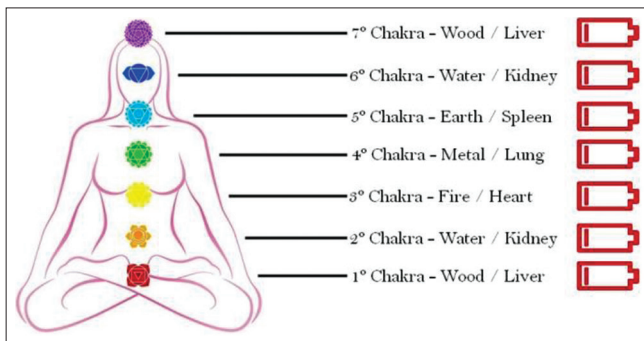
Her treatment also included auricular acupuncture with apex ear bloodletting procedure, shown in Figure 1. The use of moxibustion was also used in the points to improve Kidney's energy (CV 4, CV 6, CV 8).

She was also submitted to the radiesthesia procedure to analyze the level of the patient's chakras' energies and the results were shown in Figure 2.

As demonstrated in Figure 2, all the chakras' energies centers were completely lack of energy, from 1 to 7. It was prescribed the use of highly diluted medications to replenish the chakras' energies centers according to the theory created by the author entitled *Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine*. The medications used were: Sulfur 30CHXX-20 (single dose), Calcarea carbonica 30CHXX-20 (single dose), Silicea 30CHXX-20 (single dose), Natrum muriaticum 30CHXX-20 (single dose), and Phosphorus 30CHXX-20. The homeopathies were prescribed to be taken in a single dose with a hiatus of 3 days between the medications, necessarily on the sequence described. Two months later, a new sequence of treatment was started, with the same medications taken on the same order, but now with 200CHXX-20 instead of 30 CHXX-20. Two months later, a new sequence of treatment was started, as the others, with the same medications taken on the same order, now with 1000CHXX-20 instead of 200CHXX-20. Two months later,



**Figure 1:** Auricular acupuncture and apex ear bloodletting in the treatment of energies imbalances of *Yin, Yang, Qi*, and taking out the Heat retention



**Figure 2:** Chakras energy centers and the Five Elements theory and five massive organs

a new sequence of treatment was started, as the others, with the same medications taken on the same order, now with 10000CHXX-20 instead of 1000CHXX-20. Two months later, a new sequence of treatment was started, as the others, with the same medications taken on the same order, now with 50000CHXX-20 instead of 10000CHXX-20.

The homeopathies and crystal-based medications used were described in Table 1 in the discussion section. They are usually prescribed in a period of one year when the doctor measures again the chakras' energies centers to see the necessity or not to maintain the medications.

## RESULTS

She came to the author's clinic for treatment of her lack of energy, with anxiety and depression symptoms and reports being very satisfied, feeling much better, and feeling more energy and able to work after using Chinese medicine's tools (Chinese dietary counseling, acupuncture, auricular acupuncture, moxibustion, highly diluted medications – homeopathy, and crystal-based medications) following the Western medicine treatment.

## DISCUSSION

Kidney cancer, also called renal cancer, is one of the most common types of cancer. It usually affects adults in their 60s or 70s. It is rare in people under 50 years old.<sup>[6]</sup>

In many cases, there are no obvious symptoms at first and kidney cancer may only be found during tests for another condition or reason.<sup>[6]</sup>

If there are symptoms, they can include bloody urine or darker urine, persistent pain in the lower back or side, just below the ribs, a lump, or swelling in the side (although kidney cancer is often too small to feel).<sup>[6]</sup>

According to Western medicine, the exact cause of kidney cancer is unknown, but some things can increase the chances of developing it, including obesity, smoking, hypertension, inherited genetic conditions, and long-term dialysis.<sup>[7]</sup>

In Western medicine, the treatment for kidney cancer depends on the size of cancer and whether it has spread to other parts of your body. The main treatments are:<sup>[6]</sup>

- Surgery to remove part or all of the affected kidney.<sup>[6]</sup>
- Cry therapy or radiofrequency ablation – where the cancerous cells are destroyed by freezing or heating.<sup>[6]</sup>
- Biological therapies – medicines that help stop cancer growing or spreading.<sup>[6]</sup>
- Embolization – a procedure to cut off the blood supply to cancer.<sup>[6]</sup>
- Radiotherapy – using high-energy radiation to target cancer cells and relieve symptoms.<sup>[6]</sup>

For you to understand a little better the way of thinking proposed on this study and the other studies of the author, she would like to start by describing the case that originated the theory that guides the proposition of the diagnosis and treatment of all diseases.<sup>[8,9]</sup>

**Table 1: Homeopathy and crystal-based medications used in the replenishment of the chakras energies centers**

Chakras	Five elements	Homeopathy medication	Crystal-based medication
1°Chakras	Wood/Liver	Phosphorus	Garnet
2°Chakras	Water/Kidney	Natrum muriaticum	Orange calcite
3°Chakras	Fire/Heart	Sulfur	Rhodochrosite
4°Chakras	Metal/Lung	Silicea	Emerald
5°Chakras	Earth/Spleen	Calcarea carbonica	Blue Quartz
6°Chakras	Water/kidney	Tone 2° chakras	Sodalite
7°Chakras	Wood/liver	Tone 1° chakras	Tiger eye

This is a case the author treated herself in 2006. The patient in question was a 70-year-old male patient who had leg pain in both legs when he first reached to her, for the pain would not go away with the use of anti-inflammatory medications for a period of 6 months or more. The patient also informed to feel cold in his lower limbs.<sup>[10-12]</sup>

First, she performed the physical examination and did a questionnaire to diagnose which energy disharmony the patient could have.<sup>[10-12]</sup>

According to TCM, the patient was diagnosed with Kidney-*Yang* deficiency.<sup>[10-12]</sup>

To treat this energy imbalance, she started with the use of Chinese dietary counseling, systemic, and auricular acupuncture with apex ear bloodletting.<sup>[10-12]</sup>

The patient was normally treated with the described procedures and recovered from the pain in his legs after ten acupuncture sessions. After 30 days, he returned for reevaluation and told the doctor that he also had great improvement of his glaucoma condition.<sup>[10-12]</sup>

The doctor was not aware the patient had glaucoma when she was treating him. The patient was performing the conventional treatment with the eye drops for more than 40 years, with only little success. However, his ophthalmologist confirmed that his intraocular pressure suffered a reduction from 40 mmHg to 17 mmHg after he was treated with Chinese dietary counseling, auricular, and systemic acupuncture and apex ear bloodletting.<sup>[10-12]</sup>

The author was much impressed with this result and she sought to study as a researcher at the São Paulo University, in the ophthalmology department on the glaucoma section, exploring and demonstrating the effects of acupuncture in glaucoma patients.<sup>[10-12]</sup>

Based on this observation, this study was presented for the 1<sup>st</sup> time in 2007, at the American Congress of Acupuncture in Baltimore, United States.

In 2015, it was represented with another title *Acupuncture Viewed Holistically Can Treat All Symptoms and Diseases at the Same Time*, at the Acupuncture Research Conference at Harvard Medical School.

In the last few years, the author has been presenting papers showing that it is possible to cure cancer, using the same technique as this patient with glaucoma, focusing on the patient as a whole, looking at his energy and not just the symptoms. Recently, in September 2020, she published an article entitled *The Importance of Treating Energy Imbalances and Chakras Replenishment for Prevention and Treatment of Cancer*,<sup>[13]</sup> where she demonstrated that cancer patients have energy deficiencies and Heat retention as root, as the main reason for the formation of cancer according to TCM.<sup>[13]</sup> Furthermore, she demonstrated that cancer patients have chakras' energies deficiencies in the lowest level.<sup>[13]</sup> Moreover, the balance of the energies deficiencies and taking out the Heat retention associated with the replenishment of these energies is important to prevent and treat cancer patients, leading sometimes to a cure<sup>[13]</sup> without the necessity of using conventional treatments of chemotherapy, radiotherapy, or even surgery.<sup>[13]</sup>

TCM usually used Chinese herbs to replenish the chakras' energies, but in Brazil are difficult to find and are expensive these Chinese herbs, so the author developed and published a theory entitled *Constitutional Homeopathy of Five Elements based on Traditional Chinese Medicine* to facilitate the replenishment of the chakras energies.<sup>[14]</sup>

The patient underwent the acupuncture sessions every day, as well as following the diet and maintaining the use of crystal-based medications and homeopathy to replenish the energy of the chakras.<sup>[9,14]</sup>

The diagnosis and treatments of Western medicine is focused on the leaves level; therefore, the treatment is focused on the patient's tumor.<sup>[8-13]</sup>

In TCM, various symptoms of different specialties can be treated at the same time, as observed in the glaucoma patient,



the author mentioned at the beginning of the root. The energy imbalances on the metaphor of the tree, illustrated in Figure 3, are placed as the root, represented by the Five Elements and *Yin* and *Yang* theory.<sup>[8-13]</sup>

To be healthy, TCM aim for a state of equilibrium between *Yin* and *Yang* energies, as showed in Figure 4. If there are imbalances between these two energies, symptoms occur, and if not properly treated, it consolidates the disease in the future, in this case, cancer.<sup>[13]</sup>

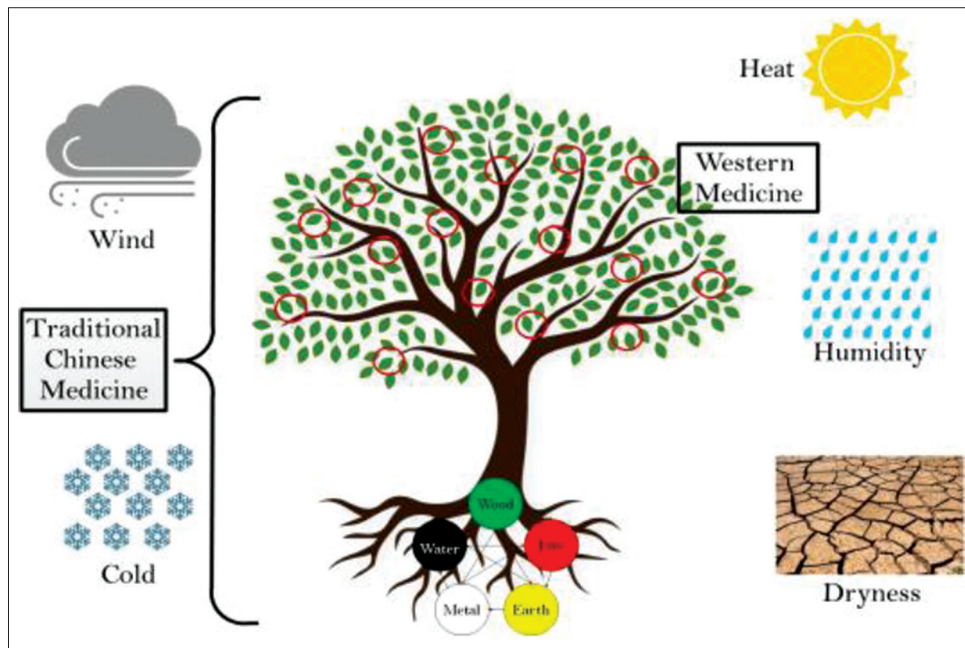
*Yin* and *Yang* are energies forces that rule the world. Everything in the universe is composed of *Yin* and *Yang*, including our human bodies. The symmetrical arrangement of the dark *Yin* and the light *Yang* is not static, as we can see in the symbol. It is a rotational symmetry that suggests a continuous cyclic movement, demonstrated in Figure 5.<sup>[13,15]</sup>

Specifically, “*Yin-Yang*” imbalance and disequilibrium occurs in tumor patients, the weakness of “*Yang*” is universal in patients, which suggests blockage of the normal energy metabolism, diminished or even stagnant energy status.<sup>[13]</sup>

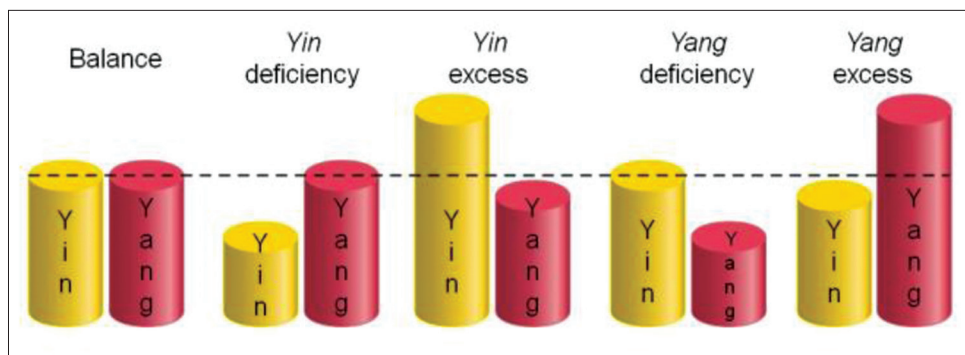
From the perspective of TCM, cancer is the manifestation of an underlying energies deficiencies and Heat retention. A tumor is the uppermost branch of the illness, but not the root. Each cancer patient may have different imbalances of these energies, causing the same type of cancer.<sup>[13]</sup>

The imbalance between these four energies will lead for a fifth imbalance, which is the formation of internal Heat, as demonstrated in Figure 6.<sup>[9,12,13]</sup>

The patient who has internal Heat manifested clinically as bad breath, bleeding gums, red skin lesions acne-like, abdominal



**Figure 3:** Metaphor of the tree showing the differences between Western (leaf) and traditional Chinese medicine (root and external pathogenic factors)



**Figure 4:** *Yin* and *Yang* in a balanced state, left side figure

pain, and microscopic hematuria may be an indirect indication of clinical pre-disposition for cancer development in the future – or the patient may already have it, as this may be a clinical indication that the patient is deficient in energy, which in TCM is the cause of cancer formation.<sup>[13]</sup>

The first step the author usually uses to keep the energy balanced is using diet. As said by Hippocrates, make your food your medicine and your medicine your food. According to Chinese dietary nutrition, each food has their own energy and depending on the energy disharmony that the patient is presenting, the physician can use the foods to regulate the balance state of the individual or lead to more imbalances, depending on many factors such as how the food was processed, if they are consuming raw or cooked or grilled because all these factors can change the energy of the food and lead to a more balance or unbalancing energy state of the patient.<sup>[5,16]</sup>

That is why the first step was to orientate the avoidance of the consumption of dairy products, raw foods, sweets, and cold water because all these foods can induce the Spleen-pancreas deficiency, leading to less absorption of nutrients, and therefore, less production of Blood.<sup>[9,15]</sup> The reduction of Blood can lead to less nutrition support to all cells and

organs and systems,<sup>[9,15]</sup> leading to a deficiency of energy in the entire body, as demonstrated in the chakras' energies measurement, demonstrated in Figure 1. The second groups of food that the doctors asked the patient to avoid was coffee, soda, and matte tea because the ingestion of this kind of drinks could induce the deficiency of energy in the Kidney that is responsible for the production of *Yin* and *Yang* energy, important to keep the health in balance state, according to Figure 5 and if they are deficient, could lead to some energies alterations, as demonstrated in Figure 6.<sup>[9,15]</sup>

The third group of foods that the doctor asked the patient to avoid was: Fried foods, eggs, chocolate, honey, melted cheese, and alcoholic beverages because these kinds of foods can induce the disharmony state of the energy in the Liver and Gallbladder. They can also induce the formation of more internal Heat that is the disturbance generated in consequence of the energy-deficient state, leading to this formation and aggravating by the ingestion of these kinds of foods.<sup>[9,15]</sup>

The second step the author usually used in the treatment of her patients is acupuncture. It is a modality in Traditional Medicine that treats the diseases using needles in specific points of the body to keep the energy flowing in the meridians.<sup>[17]</sup> The author usually uses in her treatment auricular acupuncture, that consists in putting mustard seeds applied by small pieces of adhesive tapes, to treat diseases. The ear is considered a microsystem, where all the organs in the body have a representation in the ear.<sup>[17]</sup> Furthermore, the most important procedure that the author usually uses in the treatment of the patient with cancer is the apex ear bloodletting procedure, to take out Heat retention that is one of the energy imbalances common in patients with cancer, according to TCM, that is important to treat and take out, to prevent the formation or aggravation of the formation of metastasis or other cancers in another site of the body, as demonstrated in Figure 1.<sup>[13]</sup>

Compared to Western medicine, Chinese medicine considers the root cause of tumorigenesis the decline of the immunity due to energies deficiencies – which in the case study presented had in common: the complete lack of energy in the chakras' energies centers measured by radiesthesia procedure.<sup>[13]</sup>

To diagnose the energies imbalances, the author usually asks her patients several strategically questions.

Blood deficiency – does not have a bowel movement every day.<sup>[13]</sup>

*Yin* deficiency – hot flashes; night sweating;<sup>[13]</sup>

*Yang* deficiency – cold at the extremities;<sup>[13]</sup>

*Qi* deficiency – daytime sweating;<sup>[13]</sup>

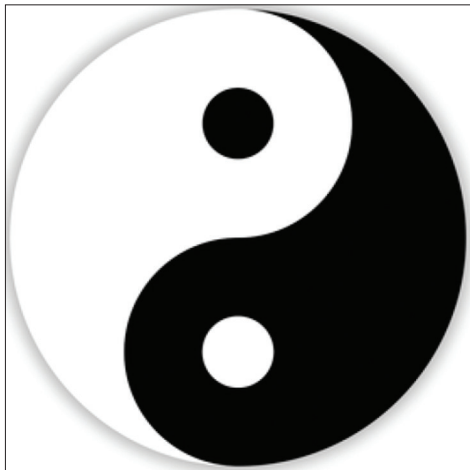


Figure 5: *Yin* and *Yang* symbol

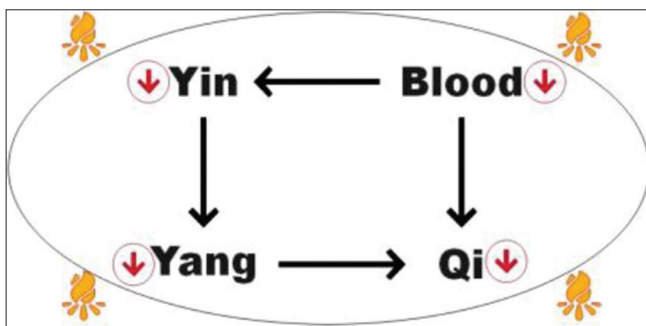


Figure 6: *Yin*, *Yang*, *Qi*, and Blood energies disharmony, leading to the formation of internal heat

Heat retention – dry mouth; bad breath; gingivitis and bleeding gum; dermatitis on the skin with redness, pimples, itchiness; abdominal pain; and microscopic hematuria.<sup>[13]</sup>

Besides, *Yin* and *Yang*, there is another theory that is also the base of TCM teachings, which is the Five Elements theory, showed in Figure 7. The elements are Wood, Fire, Earth, Metal, and Water. This theory states that in the human body, each of these elements represents an organ and each organ is responsible for an external sensory organ.<sup>[8-15]</sup>

Each of these internal organs is the source of energy for their functioning, as well as their corresponding external sensory organs. This system of energy is interlinked, and the influence of one element or one organ on the others is dynamic, not fixed, or isolated.<sup>[8-15]</sup>

The Wood element corresponds to the Liver and has the eye as its external sensory organ, being responsible for vision;<sup>[8-15]</sup>

The Fire element corresponds to the Heart and represents the tongue, and subsequently language;<sup>[8-15]</sup>

The Earth element corresponds to the Spleen, representing the mouth, and is responsible for taste;<sup>[8-15]</sup>

The Metal element corresponds to the Lungs, represents the nose, and is responsible for the sense of smell;<sup>[8-15]</sup>

Moreover, the Water element corresponds to the Kidney, representing the ears, and is responsible for hearing.<sup>[8-15]</sup>

The reason for explaining all this is so that they can understand that all internal organs according to TCM are interconnected and the deficiency of one organ can cause the deficiency

of other organs – according to the cycle of generation and control of the five elements, demonstrated in Figure 7.<sup>[8-15]</sup>

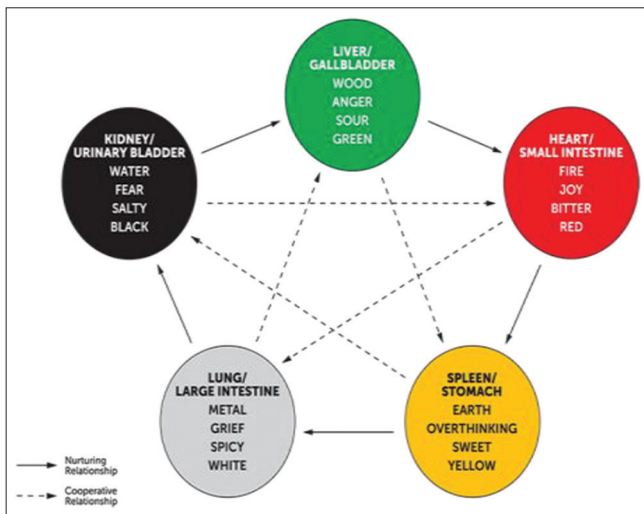
This topic is the main reason for this article because, according to TCM, energies deficiencies are responsible for the formation of tumors or cancers. If we find that the chakras are without energy – which actually corresponds to the lack of energy of the organs in TCM; if the physician starts to recharge these people's energies, they are less likely to develop cancer because the energy corresponding to your immune system will be working.<sup>[13]</sup>

In Table 2, we can see the five phases of the progression from health to disease. The first three phases, the patient complains symptoms, they have energy alterations, but the laboratorial exams are normal. On phase 4, the patient can have alterations in exams and the disease is curable, but in phase 5, the disease, theoretically, is incurable. The cancer is on phase 5, and in Western medicine, cancer does not come back to phase 4 or 3. However, one of the publications of the author entitled *The Importance of Treating Energy Imbalances and Chakras Replenishment for Prevention and Treatment of Cancer*, she is demonstrating that it is possible to the patient in phase 5 go back to phases 4 or 3.<sup>[13]</sup>

Radiesthesia is the science of using the vibrational fields of the human body to access information about other objects of animate or inanimate nature by establishing resonance with their energy fields, using specially calibrated instruments and a scale of qualitative measurement to decode this information.<sup>[18,19]</sup>

The radiesthesia method was used with a crystal pendulum in front of each chakra. Depending on the movement of the crystal, clockwise, or counter-clockwise, or the crystal's rotation amplitude, it is possible to evaluate the amount of energy that each chakra presents.<sup>[18,19]</sup> Using this kind of measurement, it was possible for the author to demonstrate to the patient that their energy is adequate or not, depending on the amplitude of the rotation of the crystal, in each chakra. According to some publications found in the literature, such as *The Geometry of Emotions: Using Chakra Acupuncture and 5-Phase Theory to Describe Personality Archetypes for Clinical Use*, written by Christopher R Chase, the author is correlating the chakras energies with the five elements or five internal massive organs. When the doctor measure the chakras', in fact, the physician is measuring the energy of the five massive organs that each organ has an energy property such as the formation of *Yin* and *Yang* by the Kidney or second chakra, the absorption of nutrients by the fifty chakra or Spleen and production of Blood, the distribution of energy by the fourth and first chakra represented by the Lung and the Liver, respectively.<sup>[18,19]</sup>

The homeopathies and crystal-based medications that the author prescribed to the patient in the case report are indicated in Table 1. The use of these medications should be according to the results found in the chakras' energies measurement,



**Figure 7:** Five elements theory – generation cycle and control cycle

**Table 2: Progression from health to disease**

Phase	Organ	Exam	Energy reserve	Symptom
1	Slowing down of organ function	Normal	Normal	Without critical symptoms
2	Slowing down of organ function	Normal	Consumption of internal energy reserves	With symptoms in other organ
3	Slowing down of organ function	Normal	Consumption of external energy reserves	With symptoms in same organ
4	Reversible cellular lesion	Little alterations	Consumption of blood reserves	Curable disease
5	Irreversible cellular lesion	Excessive alterations	Metabolic exhaustion	Incurable disease

and the sequence of the medications to intake should be according to the generation cycle, shown in Figure 7.<sup>[20]</sup>

In patients diagnosed with cancer, the treatment of this lack of energy may serve as an adjunct to the chemotherapy treatment that the patient is already undergoing – as in the case study patient example – chakras' energies treatment was important to replenish the energy that was very low leading to the formation of cancer in this patient. Moreover, by replenishing this energy, it decreases the formation of internal Heat and thereby reduces the chance of metastasis or formation of another cancer in another location...or formation of some other chronic disease such as diabetes, hypertension, stroke, and myocardial infarction, as shown in the author's publications, any disease chronic is formed by the deficiency of the energy of the chakras.<sup>[9,10,12,21]</sup>

Knowing that the lack of energy is the main cause of cancer, the author found that it is important to show the data from a study that the author carried out in her clinic during the years 2015 and 2020, measuring the chakras of about 1000 patients aged between 2 and 80 years old, where she was able to analyze 409 files and she noticed that more than 90% of the patients have no energy in any chakra, as compiled in Table 3. This is a very worrying result since the lack of energy in addition to causing internal Heat can increase the chance of having other diseases such as diabetes, myocardial infarction, and cancer.<sup>[9,13,22]</sup> These energies deficiencies also facilitates the entry of external pathogens and can cause a more propensity to infectious diseases such as coronavirus disease (COVID-19), as the author presented in many infectious disease webinar during the 2020 year, after the pandemic of Sars-COV-2, in which she is demonstrating thought her study analyzing the chakras' energies centers, that patients with weak chakras' energies centers, could have more propensity to COVID-19 infections, because of the weak state of *Zhen Qi* in this patients, represented by the weak energy in the second and fifth chakra (Kidney and Spleen, respectively).<sup>[8-15]</sup>

Hence, in addition to all the guidelines made by Western medicine in terms of correcting the diet and readjusting the lifestyle to avoid or improve the treatment of cancer patients,

**Table 3: Chakras energy evaluation from 2015 to 2020 between 409 patients of 1000 patients analyzed**

<b>Table. Chakras energy and main diagnoses</b>			
Ages chakras	2–19	20–59	60–79
7	8	8	8
6	1	1	1
5	1	1	1
4	1	1	1
3	1	1	1
2	1	1	1
1	1	1	1
Total of patients	26	170	86
Main Western diagnoses	Anxiety Depression	Anxiety Headache	Anxiety Knee pain
Main Oriental diagnoses	<i>Yin/Yang/ Yin/Blood</i>	<i>Yin Yin/Yang</i>	<i>Yin/internal heat Yin/Yang/ internal heat</i>

from an energy point of view, we must avoid all situations that lead to energy deficiencies.<sup>[8-15]</sup>

In this article, the reason why the author treated her patients only with highly diluted medication and trying to minimize the use of highly concentrated medication as much as possible is based on Arndt-Schultz's Law, shown in Figure 8.<sup>[23]</sup>

According to this law, the use of highly concentrated medication leads to a deficiency of vital energy, which in cancer patients is already very low.<sup>[13]</sup> The use of highly diluted drugs is highly recommended, such as homeopathy medication, in this type of patient, as it improves their vital energy, thus improving their immunity, leading to the reduction or less formation of tumor processes by itself.<sup>[23]</sup>



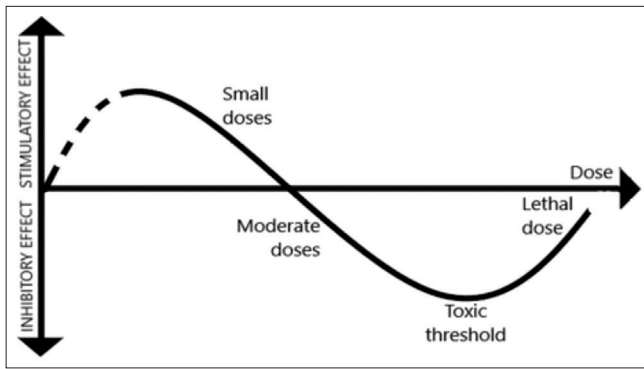


Figure 8: Arndt-Schultz's law



Figure 9: Metaphor of Yin and Yang of Western and traditional Chinese medicine

In the Figure 9 the author is proposing the need to integrate the teachings of Western and traditional Chinese medicines in the treatment of cancer patients. Since the treatment of energies imbalances is very important for the recovery of the physical, mental, and emotional symptoms of cancer patients. The treatment in Western medicine consisted in administration of high concentrated medications and could reduce the vital energy even more. The treatment proposed by the author can restore the low energy induced by the intake of high concentrated medications, as the author showed in the Arndt-Schultz' law the effect of the use of this kind of medication, in the Figure 8.<sup>[13]</sup>

The tools used in this article, acupuncture and homeopathies, were specialties recognized by Brazilian Federal Medical Council since 1995 and 1985, respectively.<sup>[24]</sup>

## CONCLUSION

The conclusion of this study is that it is very important to treat kidney cancer at the energy level in each patient.

As cancer is seen as a result of the patient's energies deficiencies according to TCM, the replenishment of the

chakras' energies is important to their treatment to prevent the formation of metastasis or the other cancers in other sites. Furthermore, it will prevent the formation of other chronic diseases such as diabetes, hypertension, and myocardium infarction and all other chronic diseases.

More studies should be done involving more patients with kidney cancer studying their chakras' energies meridians to confirm these results.

## REFERENCES

1. Linehan W, Pinto PA, Bratslavsky G, Pfaffenroth E, Merino M, Vocke CD, *et al.* Hereditary kidney cancer: Unique opportunity for disease-based therapy. *Cancer* 2009;115:2252-61.
2. Garfield K, LaGrange CA. *Renal Cell Cancer*. Treasure Island, FL: StatPearls; 2020.
3. Zampiroli AP. *Câncer Segundo a MTC*. Brazil: Instituto Long Tao; 2016.
4. Baskar R, Lee KA, Yeo R, Yeoh KW. Cancer and radiation therapy: Current advances and future directions. *Int J Med Sci* 2012;9:193-9.
5. Yapijakis C. Hippocrates of Kos, the father of clinical medicine, and asclepiades of Bithynia, the father of molecular medicine. *Review. In Vivo* 2009;23:507-14.
6. Overview. *Kidney Cancer*. NHS. Available from: <https://www.nhs.uk/conditions/kidney-cancer>. [Last accessed on 2020 Nov 27].
7. *Kidney Cancer*. Mayo Clinic. Available from: <https://www.mayoclinic.org/diseases-conditions/kidney-cancer/symptoms-causes/syc-20352664>. [Last accessed on 2020 Nov 27].
8. Huang WL. Can we treat urinary tract infections without using any antibiotics? *Arch Infect Dis Ther* 2019;3:1-9.
9. Huang WL. Why are diabetic patients still having hyperglycemia despite diet regulation, antiglycemic medication and insulin? *Int J Diabetes Metab Disord* 2019;4:1-14.
10. Huang WL. The importance of correcting energy imbalances and chakras energy deficiencies in the treatment of patients with glaucoma. *Clin Res Ophthalmol* 2019;2:1-9.
11. Huang WL. Is it possible to treat community-acquired and nosocomial infections with the same method, without the use of antibiotics? *J Appl Microb Res* 2019;2:1-13.
12. Huang WL. Energy alterations as the underlying cause of primary hypertension. *ARC J Nephrol* 2019;4:33-44.
13. Huang WL. The importance of treating energy imbalances and chakras replenishment for prevention and treatment of cancer. *Adv Cancer Res Clin Imaging* 2020;3:000551.
14. Huang WL. Constitutional homeopathy of five elements based on traditional Chinese medicine. *Acta Sci Med Sci* 2020;4:57-69.
15. Huang WL. Why do patients still catch hospital infections despite the practice of infection prevention and control programs? *Acta Sci Microbiol* 2018;1:0036.
16. Craik E. *The Hippocratic Corpus: Content and Context*. United Kingdom: Routledge; 2014. p. 344.
17. Raspa A, Belasco D. *Acupuntura Auricular Básica*. 2<sup>nd</sup> ed. Brazil: Santos/SP Bueno Editora Design e Comunicação; 2018.
18. What is Radiesthesia and How Does it Work? Centre-region. Available from: <https://www.centre-region.eu/what-is-radiesthesia-and-how-does-it-work>. [Last accessed on 2020

- Nov 27].
19. Chase C. The geometry of emotions: Using chakra acupuncture and 5-phase theory to describe personality archetypes for clinical use. *Med Acupunct* 2018;30:167-78.
  20. Huang WL. What is the cause of language impairment in traditional Chinese medicine and how can we treat it? *J Clin Case Rep Trials* 2019;2:14-22.
  21. Huang WL. Chakra's energy deficiency as the main cause of infertility in women. *Obstet Gynecol Int J* 2020;11:83-91.
  22. Huang WL. The importance of correcting energy imbalances in the prevention and treatment of myocardial infarction. *Acta Sci Med Sci* 2020;4:20-7.
  23. Leeser O. Support of Homeopathy by the Arndt-Schulz Law. United States: National Center for Biotechnology Information; 1953.
  24. Cremepe. Homeopatia e Acupuntura Reconhecidas e Procuradas; 2006. Available from: <http://www.cremepe.org.br/2006/11/26/homeopatia-e-acupuntura-reconhecidas-e-procuradas>. [Last accessed on 2020 Dec 07].

**How to cite this article:** Huang WL. Chakras' Energies Deficiencies as One of the Cause of Kidney Cancer. *Clin Res Urol* 2020;3(2):1-10.